

Looking for a Personal Injury Attorney in Brooklyn, NY?

Law Office of Tanya Gendelman P.C. – www.wesettle.com 3033 Brighton 3rd Street,
Brooklyn, NY 11235 T: (718) 395-5187

MedReviewAI.COM – Medical Summary

Patient Information:

Name: Jane Doe

DOB: 08/30/1995

Injuries:

1. Cervical Spine:

- Disc bulges at C3-C4, C4-C5, C6-C7 causing compression of anterior thecal sac.
- Herniation at C5-C6 with effacement of the ventral subarachnoid space and abutment of the cervical spinal cord.
- Symptoms: Neck pain (7/10 initially, reduced to 4-5/10).

2. Lumbar Spine:

- Disc bulge at L3-L4 with thecal sac compression.
- Herniation at L4-L5 affecting left lateral recess and exiting nerve roots.
- Symptoms: Lower back pain (8/10 initially, reduced to 6/10).

3. Right Shoulder:

- Partial tears in subscapularis and supraspinatus tendons with tendinosis.
- Impingement and tenosynovitis in biceps tendon sheath.
- Symptoms: Right shoulder pain (8/10 initially, reduced to 5/10).

4. Left Shoulder:

- Similar findings to the right shoulder.
- Symptoms: Left shoulder pain (7/10 initially, reduced to 5/10).

Treatment Timeline:

Physical Therapy (05/15/2024 - 08/22/2024):

- Frequency: 4 sessions per week.
- Initial complaints:
 - Pain: Neck (7/10), Lower back (8/10), Left shoulder (7/10), Right shoulder (8/10).
 - Restricted movement, spasms, and tenderness.
- Interventions:
 - Range of Motion (ROM) exercises.
 - Therapeutic exercises, joint mobilization, and strengthening.
 - Ultrasound, electrical stimulation, and infrared therapy.
 - Manual therapy and soft tissue mobilization.

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- Home Exercise Program (HEP).
- Outcomes:
 - Reduction in pain levels to 4-6/10.
 - Continued improvement in range of motion and functional status.

Imaging Studies:

1. MRI of Cervical Spine (07/09/2024):

- Findings consistent with disc bulges and herniation.

2. MRI of Lumbar Spine (07/19/2024):

- Findings of bulging and herniated discs.

3. MRI of Right Shoulder (07/02/2024):

- Partial tears and tendinopathy identified.

Plan of Care:

Short-Term Goals:

- Pain reduction and improvement in range of motion.
- Restored functionality for activities of daily living.

Long-Term Goals:

- Strength and balance improvement.
- Return to normal daily activities pain-free.

Projected Treatment Duration: 6-12 months for optimal recovery.

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